



Allesley Festival 5k & Junior Fun Run 2009



Sunday 12th July

Junior Run 10.30am, 5k Run 11.00am

The Allesley Festival supports various local charities.

Time to put on those running shoes, get fit and lose a few pounds, by joining us for the traditional Festival Run by arrangement with Northbrook Athletic Club.

We have organized a Junior Fun Run, of around 2 kilometres for the under 15's and a Main Run of 5 kilometres.

Entrance Fees: Junior Run - £2.50; 5k Run - £4.00 (affiliated athletes) or £6.00 (if not a member of a UKA Club). £1.00 extra if entering Main Run on the day.

For Further Information Tel: **024 7633 3594** email: frenchat2002@yahoo.co.uk or visit www.northbrookac.org.uk

Assemble on the Village Green Opposite the Post office at least 15 minutes before the Start

Permit Applied for



Categories and Prizes:

- **A medal for all finishers including Junior Fun Run**
- **Female: Under 15, Senior, Over 35**
- **Male: Under 15, Senior, Over 40**
- **Plus Spot prizes for Fancy Dress**

Race Conditions:

1. The Race will be run under the UK Athletics (UKA) Rules. All instructions issued for the safety of the runners and others must be complied with.
2. Entries will be accepted on the day providing the race limit of 200 has not been exceeded.
3. You must be 15 years or older, on race day, to compete in the Main Run.
4. Any age can enter the Junior Run. All children under 9 must be accompanied by an adult.
5. The closure date for the Postal entries is the 5th July 2008. Those received afterwards can be collected on the day of the race.
6. Please make cheques payable to "Northbrook AC". Send the completed entry form, with payment, and a C5 sized S.A.E. to:
Allesley Fun Run Secretary, 66 Brackenhurst Road, Coundon, Coventry. CV6 2DR
7. Images – by entering the race you give permission for the free use of your name, voice and picture in any record or promotion of this event.



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First Name: _____ Surname: _____ Male / Female _____ Category _____

Date of Birth: _____ Age on day of race: _____ UKA Club (not a member write "unattached") _____

Address: _____ Post Code _____

Phone Number: _____ Email address: _____

Declaration: Please enter me for this event for which I enclose the appropriate fee. I agree to abide by the "Conditions" above. I participate in this event entirely at my own risk and agree that the organisers will not be held responsible for any injury, accident, loss or damage consequential to my participation in this event. I am an amateur as defined by UKA rules.

Signature (Parent/Guardian for Junior Run) _____ Date: _____

Entry Fee: UKA club members: £4.00 (£5.00 on the day), Unattached £6.00 (£7.00 on the day): _____ Junior Fun Run £2.50: _____

Official use	Official use
Main/Junior	No.

Visit our Website for more information: www.northbrookac.org.uk